

# Aldehydes: What Are They and Why Should They be Avoided

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# Fanconi Anemia (FA): An inherited Chromosome Instability Syndrome

Rare Autosomal Recessive Disease : 1/100,000 births

Characterized by

- Developmental defects
- Bone marrow failure (aplastic anemia by age 5)
- Cancer susceptibility (leukemia, squamous cell carcinoma, gynecologic cancers)
- Hypersensitivity to DNA crosslinking agents (Cisplatin, MMC)
- Sixteen different complementation groups of FA have been defined by somatic cell fusion studies (All sixteen FA genes have been identified)

*D'Andrea, A.D., Susceptibility Pathways in Fanconi Anemia and Breast Cancer, New Engl Jour Med 2010, 362: 1909-1919*

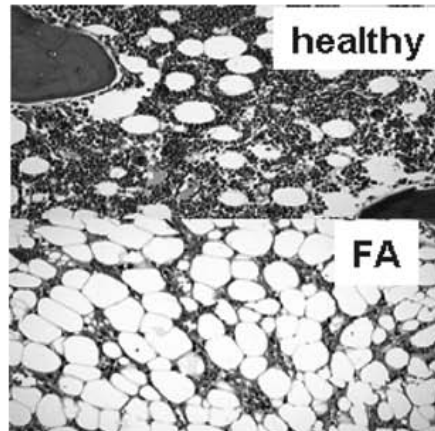
# Fanconi anemia

Mutation in any of 16  
FA complementation  
groups

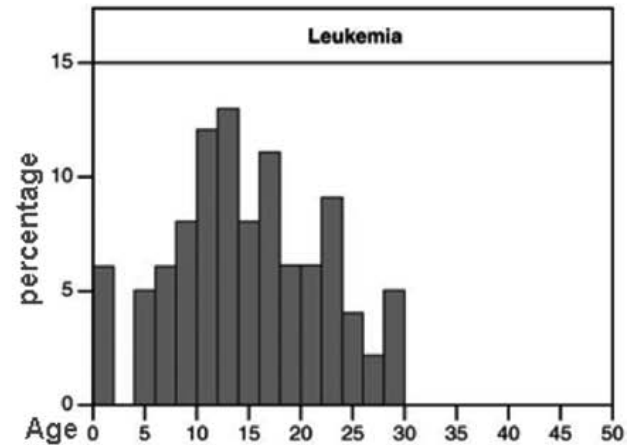
Developmental  
Abnormalities



Bone marrow failure

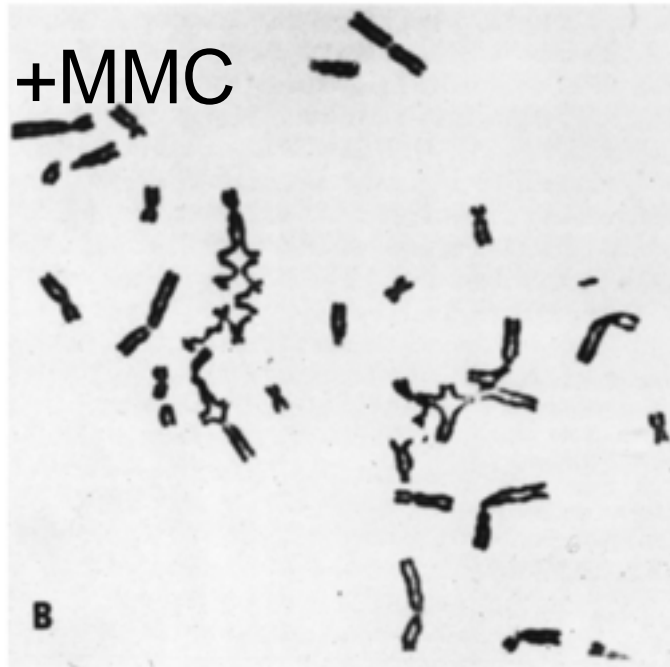
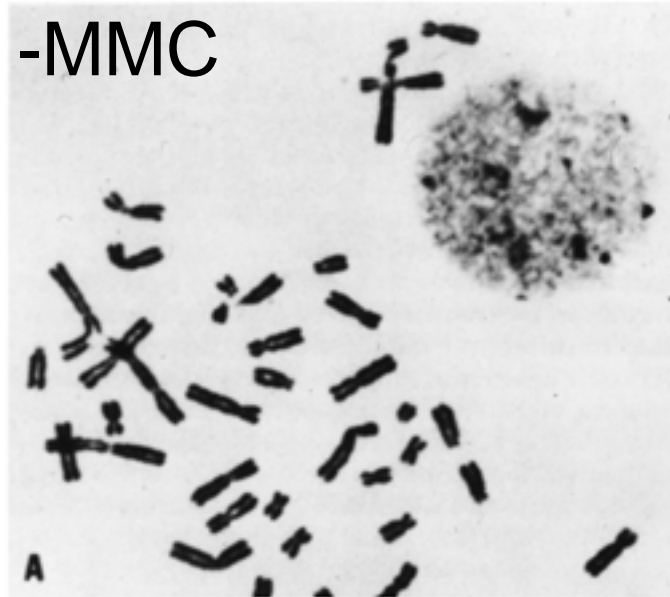


Cancer/Leukemia

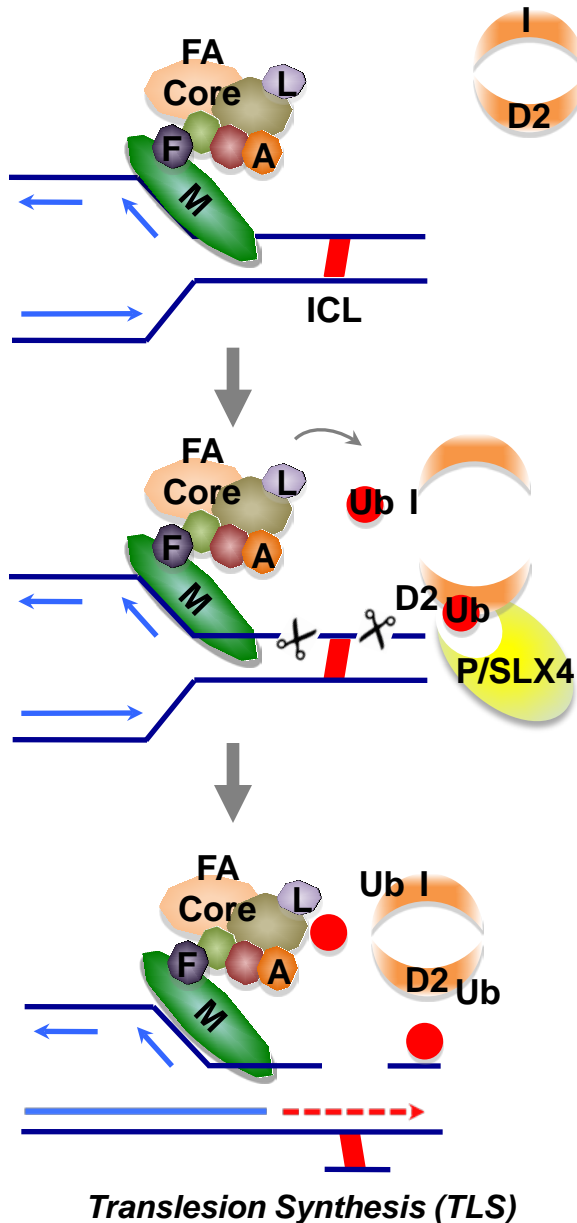


Fanconi Anemia  
Cells have a characteristic  
Cellular phenotype:

**Hypersensitivity to DNA  
cross-linking agents,  
e.g. Mitomycin C,  
aldehydes**

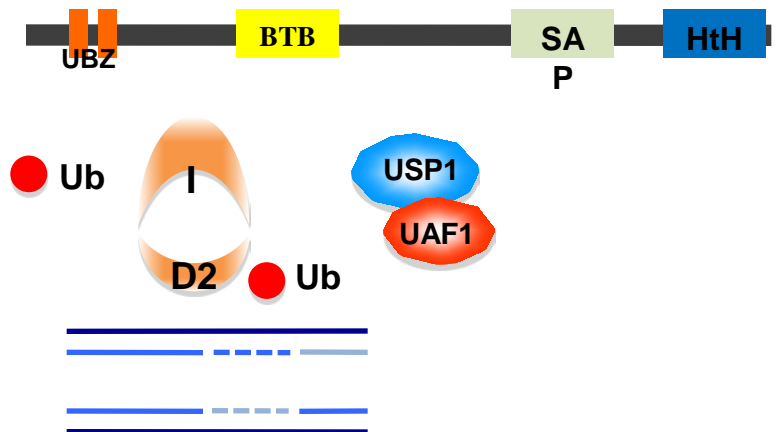


# Sixteen FA proteins Cooperate in Aldehyde-ICL repair



FANCP/SLX4 is a multidomain protein complex that interacts with the XPF/ERCC1 nuclease

SLX4 has a UBZ4 (ubiquitin binding site).



# Aldehydes:

- Reactive chemicals that can injure cells
- Can interact with (and crosslink) DNA molecules
- Some aldehydes (like formaldehyde) are endogenous and are formed within the body during normal metabolism
- Some are exogenous (say, from alcoholic beverages)
- Aldehydes are broken down by a family of enzymes (including ALDH2 and ALDH3)

# Work from K.J.Patel Laboratory (LMB, Cambridge, UK)

- Showed the ALDH2 enzyme is of critical importance in individuals with FA
- A mouse model with defect in ALDH2 and FA gene has bone marrow failure (either spontaneous bmf or leukemia) and developmental abnormalities
- In Japan, 50% of the population has a deficiency in ALDH2
- Hira and Takata examined 55 FA patients in Japan. Two patients had severe ALDH2 deficiency and severe, early onset bone marrow failure (more severe than most FA patients in U.S.).



# Implications/Recommendations:

- FA patients should limit alcohol consumption
- Alcohol and aldehydes can cross the placenta (i.e., a pregnant mother carrying an FA fetus should limit alcohol consumption)

# Implications/Recommendations:

-We should:

-1) develop drugs to stimulate ALDH2 activity

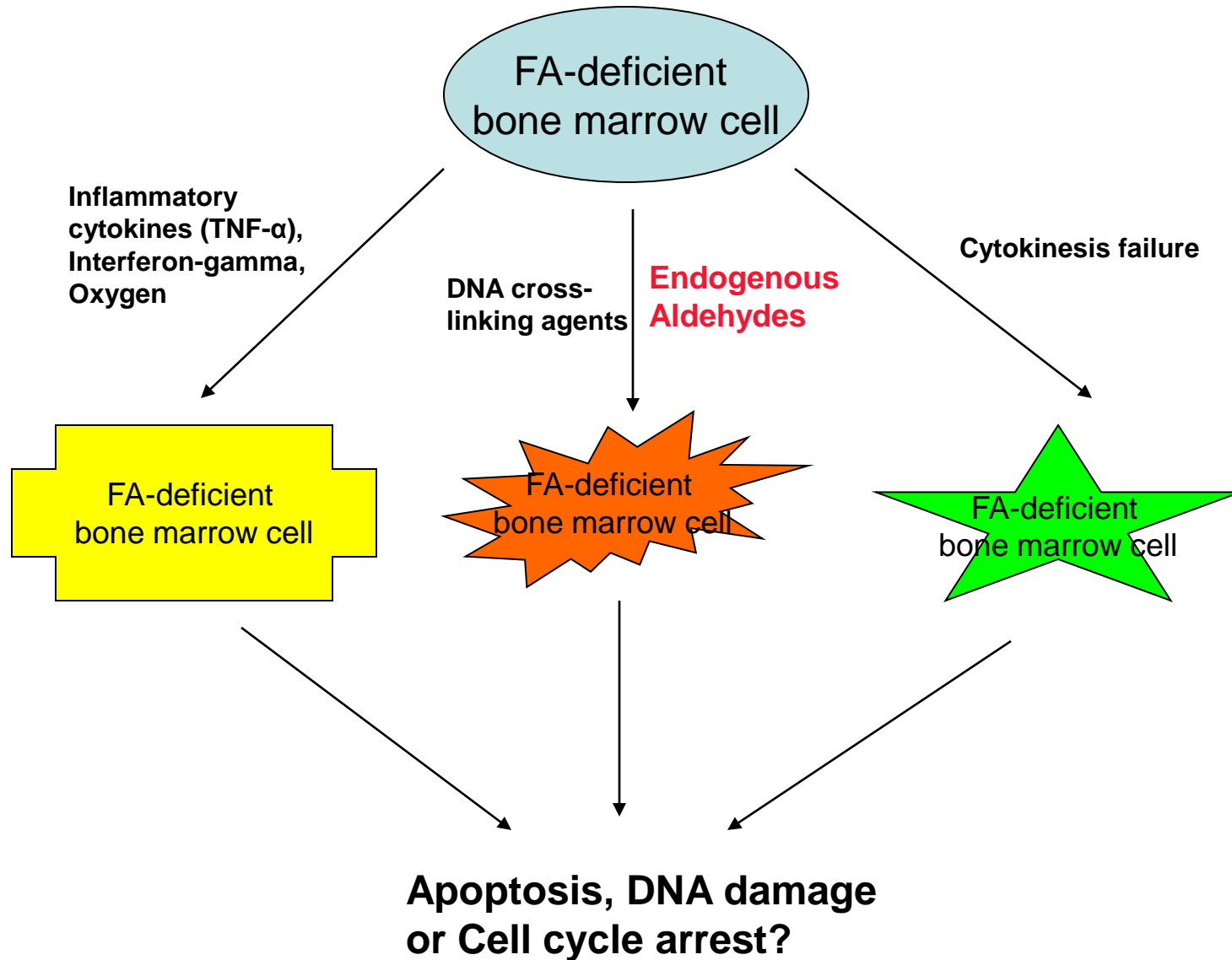
-2) develop drugs to detoxify (sponge up) aldehydes from blood

-Early evidence suggests that low ALDH2/ALDH3 levels may correlate with increased incidence of Squamous Cell Carcinoma of the head and neck.

# Future Studies:

- Why are only the stem cells specifically affected by loss of ALDH2 and FA gene?
- Why do some FA patients have more ALDH2 than others?
- Do FA patients in Japan generally have a more severe disease due to low ALDH2 levels?
- Mice with ALDH2/FA deficiency have spontaneous bone marrow failure (helpful experimental model)
- Can we suppress aldehyde production? Or suppress its Accumulation? Dietary Effects?

# CAUSES of bone marrow failure in FA patients



# Mechanism of bone marrow failure in Fanconi anemia

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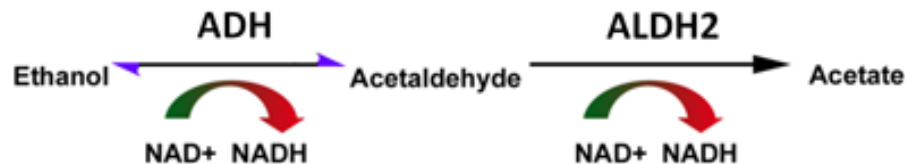
Attrition of hematopoietic stem and progenitor cells due to genotoxic stress

**Which aldehydes are responsible for the pathophysiology of Fanconi anemia?**

# By-products of cellular metabolism: Potential physiological genotoxins for FA cells

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- **Formaldehyde:** Reactive aldehyde, naturally occurring in plasma, highly reactive environmental human carcinogen, cells exposed to formaldehyde exhibit DNA-protein crosslinks.
- **Acetaldehyde:** A degradation product of ethanol that, like several other alcohols, is itself produced during normal metabolism.

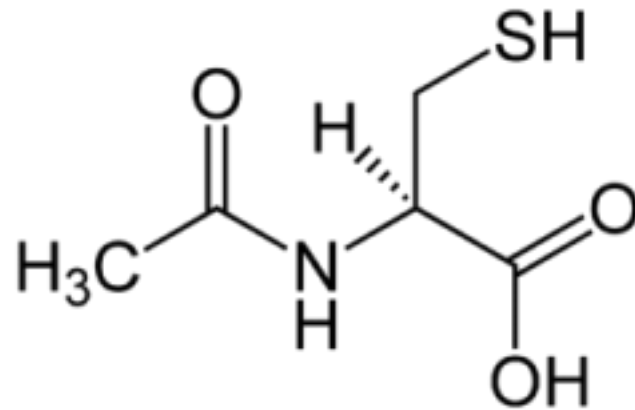
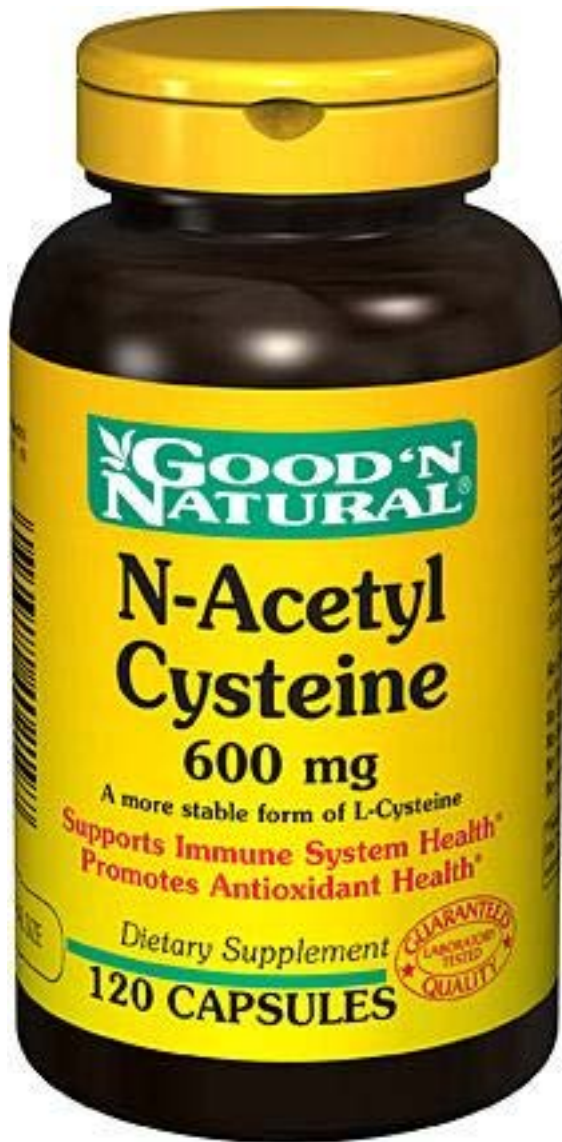


# Aldehyde toxicity in FA

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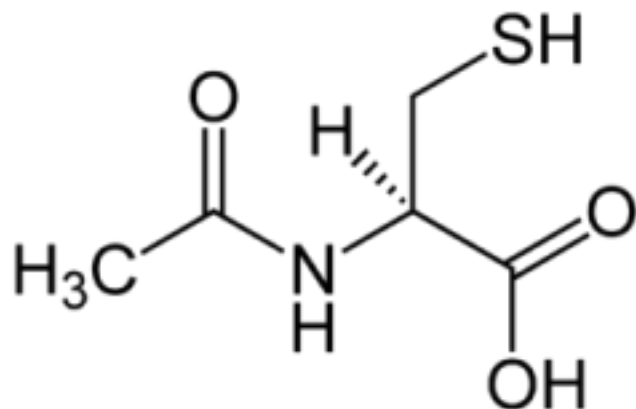
- FA pathway deficient cells are hypersensitive to plasma levels of Formaldehyde and Acetaldehyde (*Ridpath et al, 2007*).
- Fancd2 counteracts the toxic effects of naturally produced Aldehydes in mice (*Langevin et al, 2011*).
- Formaldehyde catabolism is essential in cells deficient for the Fanconi anemia DNA-repair pathway (*Rosado et al, 2011*).
- Mice deficient in both FA pathway and Acetaldehyde detoxification exhibit severe HSC defects and bone marrow failure (*Garaycochea et al, 2012*).

## Possible Treatments

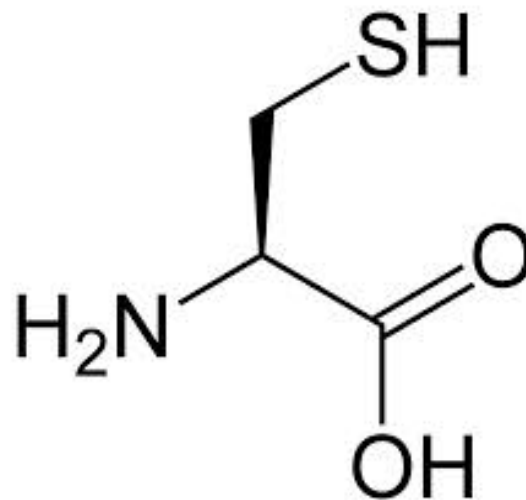




Thiol “Sponges” for removing reactive aldehydes from the blood



N-Acetyl Cysteine



Cysteamine

Therapeutic approaches to treat FA  
— Fanconi Anemia Program Project OHSU —  
Principal Investigator: Markus Grompe

- **Androgen, G-CSF**
- **Bone marrow transplant**
- **Tempol**
- **Resveratrol**
- **Anti-oxidants (N-acetyl-cysteine), anti-inflammatory agents**
- **Anti-apoptotic compounds?**
- **DNA-PK inhibitor?**
- **CHK1 inhibitor? P53 inhibitor?**
- **Gene therapy?**



## **FARF Research Meeting, October, 2012**

**Session Chair: Alan D'Andrea, MD**

**Dana-Farber Cancer Institute, Boston, MA**

**Gerry Crossan:** Described a specific mechanism for the stem cell failure in FA- namely, a cell-type specific need for both a functional FA pathway and strong aldehyde degradation

-what is special about bone marrow stem cells?

**Juan Garaycochea:** Described how double knockout mice (ie, ALDH2 & FA-pathway deficient mice) develop either bone marrow failure or leukemia. Endogenous aldehydes are toxic to the bone marrow stem cells

-how can we study the anemia and leukemia in FA?



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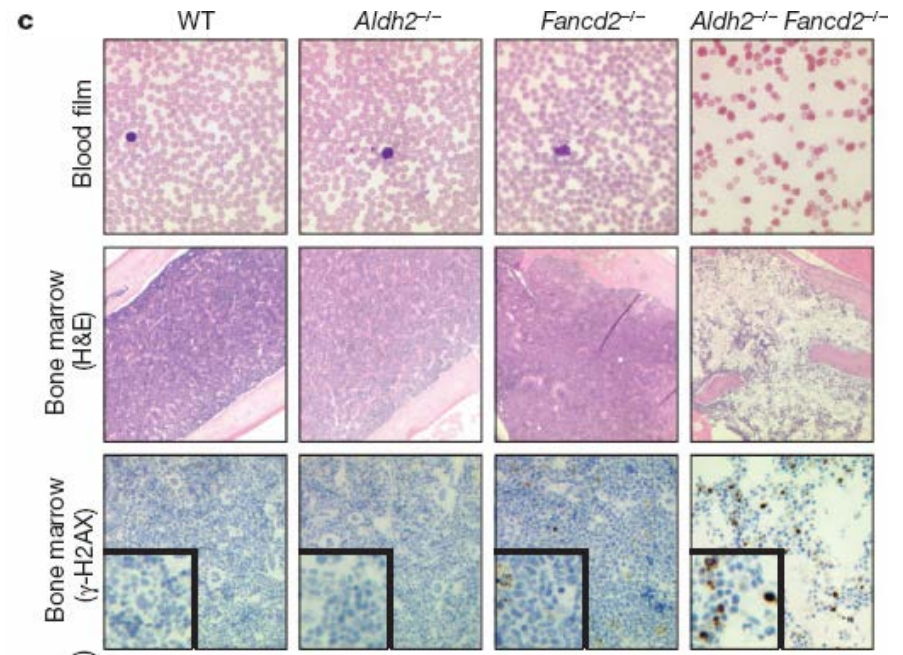
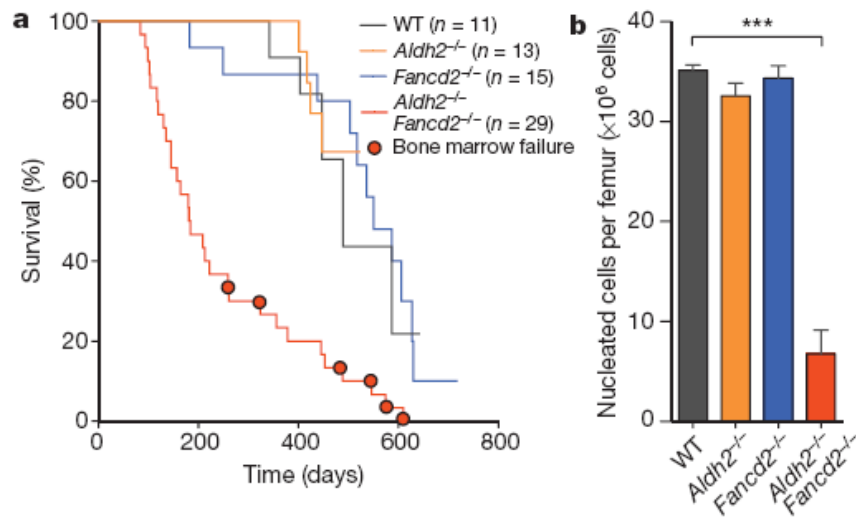
**Nina Oberbeck:** Described how the disease severity of the newborn mice depends on the degradation of aldehydes of the mother. A maternal source of aldehydes may be responsible, at least in part, for teratogenic consequences of the FA fetus.

-(Issue of maternal diet and alcohol use?)  
(Mild bone marrow phenotype of some FA-A patients?)

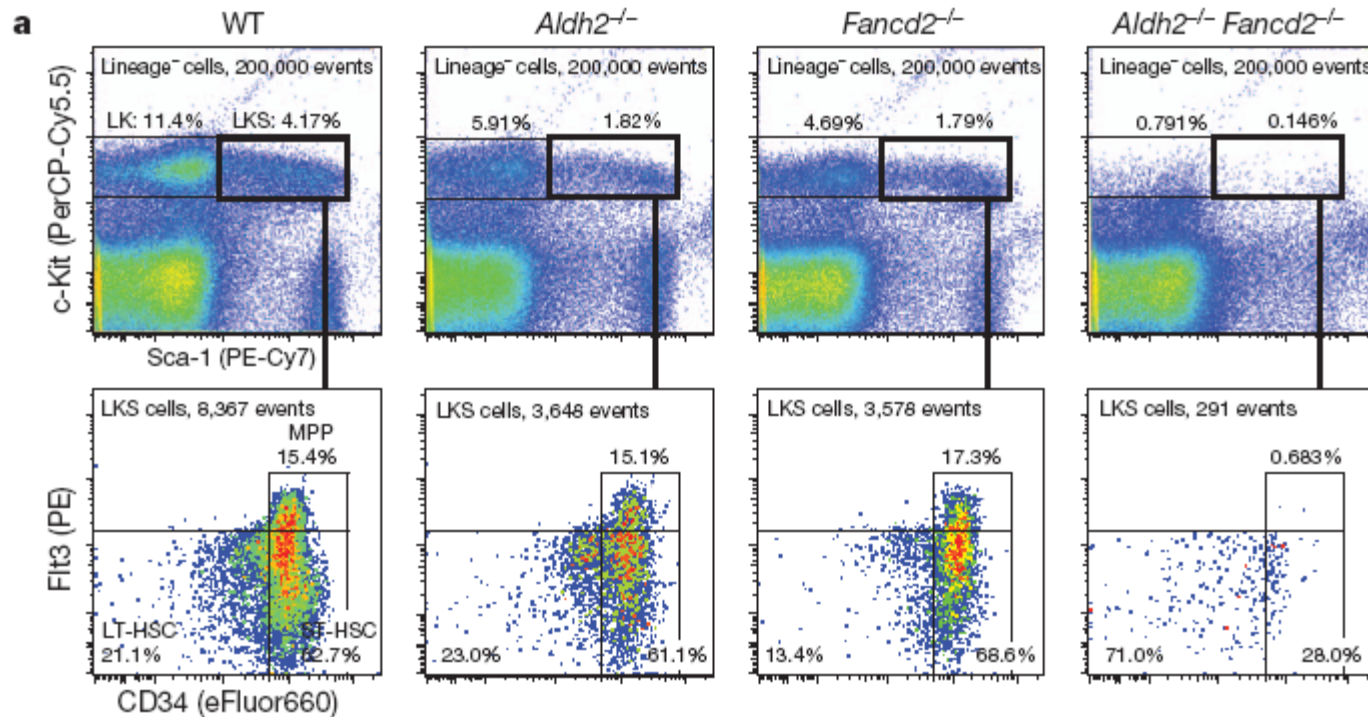
**Asuka Hira:** Described how a variant of ALDH2, prevalent in an Asian population, may accelerate anemia in patients with FA. Is there a need to genotype ALDH2 in order to find a subset of FA patients who are more likely to develop BMF early in their lives?

-Does level of ALDH2 expression impact the severity of FA

# Aged *Fancd2*<sup>-/-</sup>*Aldh2*<sup>-/-</sup> double KO mice succumb to bone marrow failure

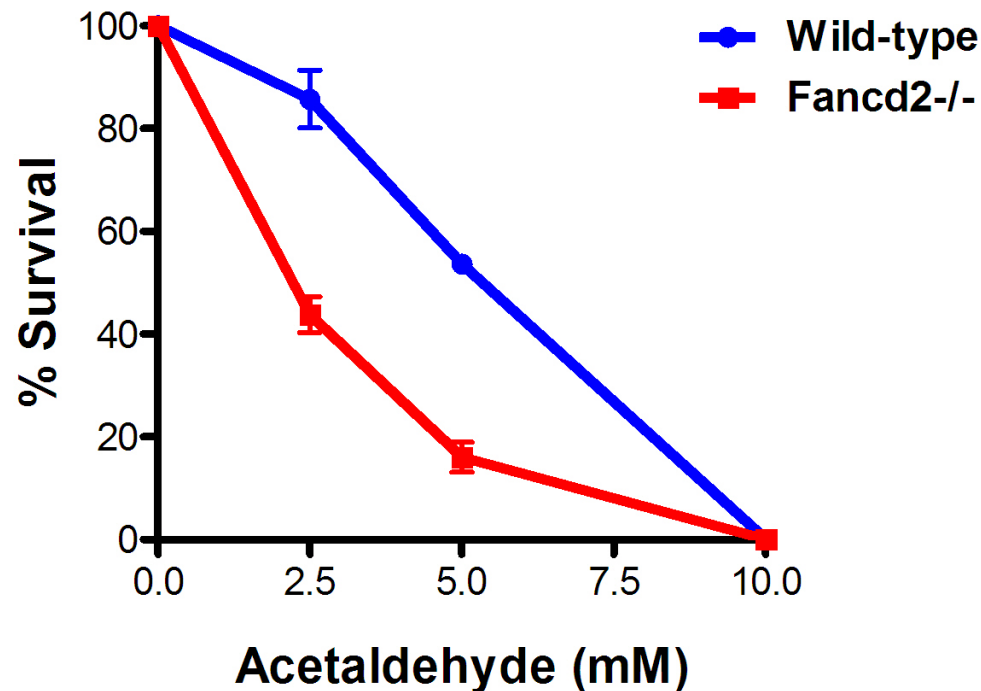


# Young *Fancd2*-*Aldh2*<sup>-/-</sup> double KO mice have low amounts of the bone marrow stem cells



# Fancd2-deficient murine bone marrow cells are hypersensitive to the Acetaldehyde treatments

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BM cells were treated with Acetaldehyde (Sigma) for 4 hrs, washed, and then cultured in methylcellulose for 7-10 days. The survival of CFU-Cs was determined.



# A new drug candidate: Alda-1

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- Alda-1 (N-(1,3-benzodioxol-5-ylmethyl)-2,6-dichlorobenzamide) stimulates the ALDH2 enzyme and promotes the removal of aldehydes from the blood.



# Summary

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- FA bone marrow cells are hypersensitive to aldehydes (acetaldehyde, formaldehyde, others)
- importance of monitoring aldehyde levels in the blood

## Treatment options:

- avoid dietary aldehydes
- drugs which “sponge” up aldehydes from the blood
- drugs which stimulate the enzymatic removal of aldehydes from the blood (ALDA1)

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