

Aldehydes: What Are They and Why Should They be Avoided?

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FA Adult meeting,
Baltimore, 2014

4 parts of my talk

- Overview of Fanconi anemia
- What are Aldehydes?
- Why Aldehydes should be avoided by FA patients?
- Potential therapeutics for FA based upon our knowledge of the Aldehyde toxicity and FA

Fanconi Anemia (FA): An inherited Chromosome Instability Syndrome

Rare Autosomal Recessive Disease : 1/100,000 births

Characterized by

- Developmental defects
- Bone marrow failure (aplastic anemia by age 5)
- Cancer susceptibility (leukemia, squamous cell carcinoma, gynecologic cancers)
- Hypersensitivity to DNA crosslinking agents (Cisplatin, MitomycinC)
- Sixteen different complementation groups of FA have been defined by somatic cell fusion studies (All sixteen FA genes have been identified)

D'Andrea, A.D., Susceptibility Pathways in Fanconi Anemia and Breast Cancer, New Engl Jour Med 2010, 362: 1909-1919

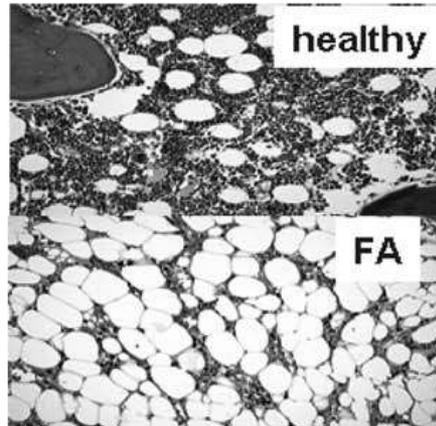
Fanconi anemia

Mutation in any of 16
FA complementation
groups

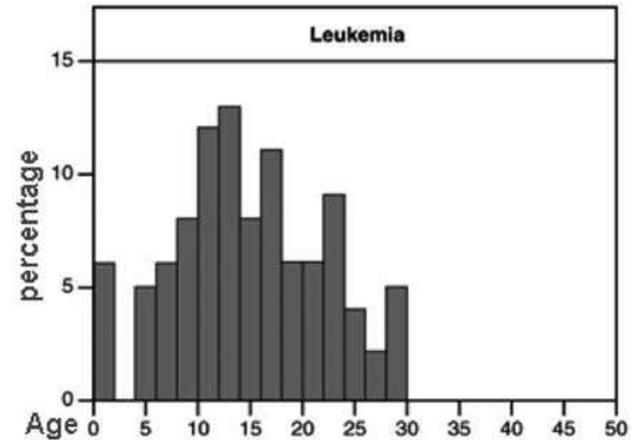
Developmental
Abnormalities



Bone marrow failure

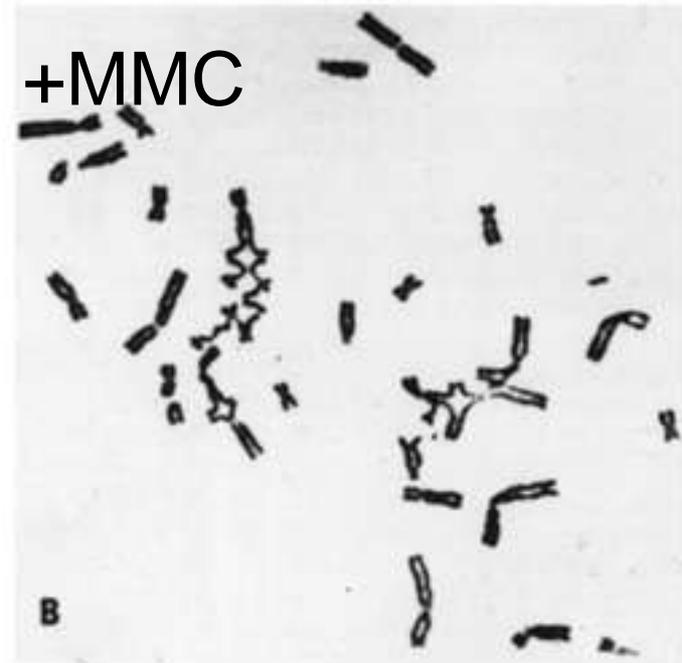
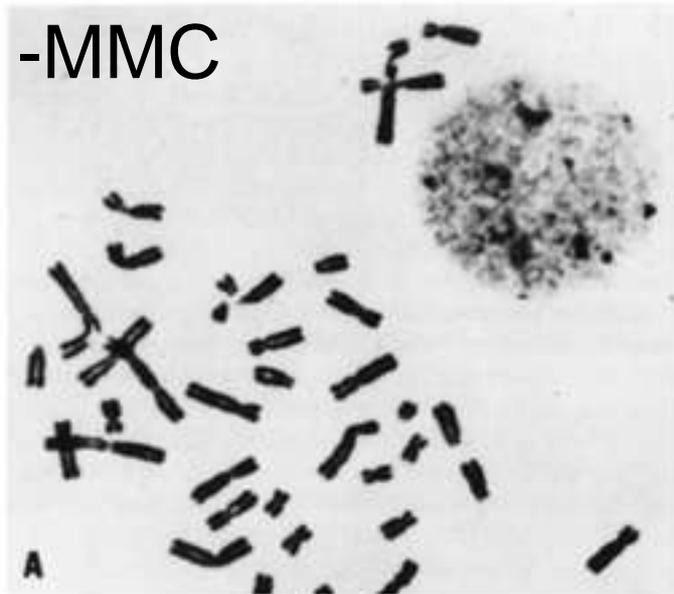


Cancer/Leukemia



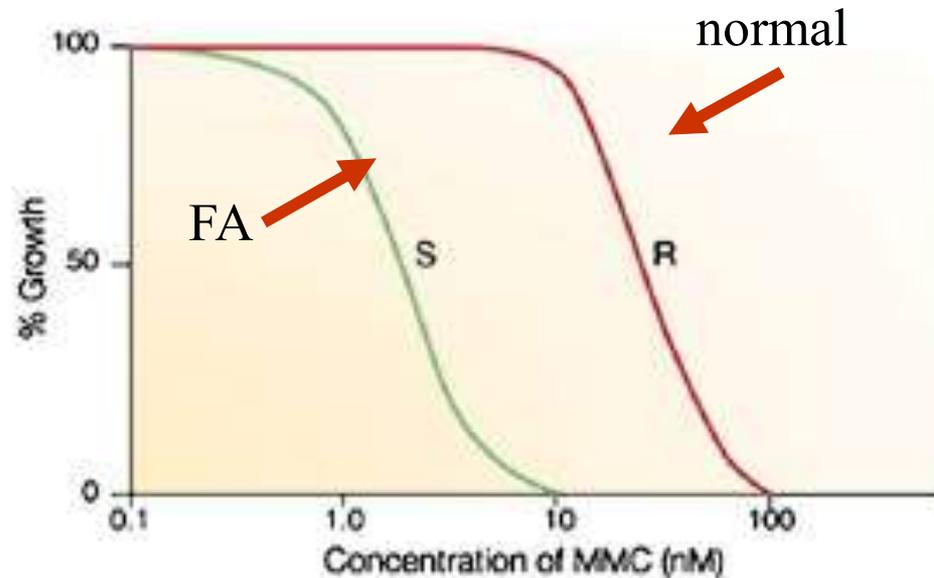
Fanconi Anemia
Cells have a characteristic
Cellular phenotype:

**Hypersensitivity to DNA
cross-linking agents,
e.g. Mitomycin C**



Other phenotypes of Fanconi Anemia Cells

DNA cross-link sensitivity



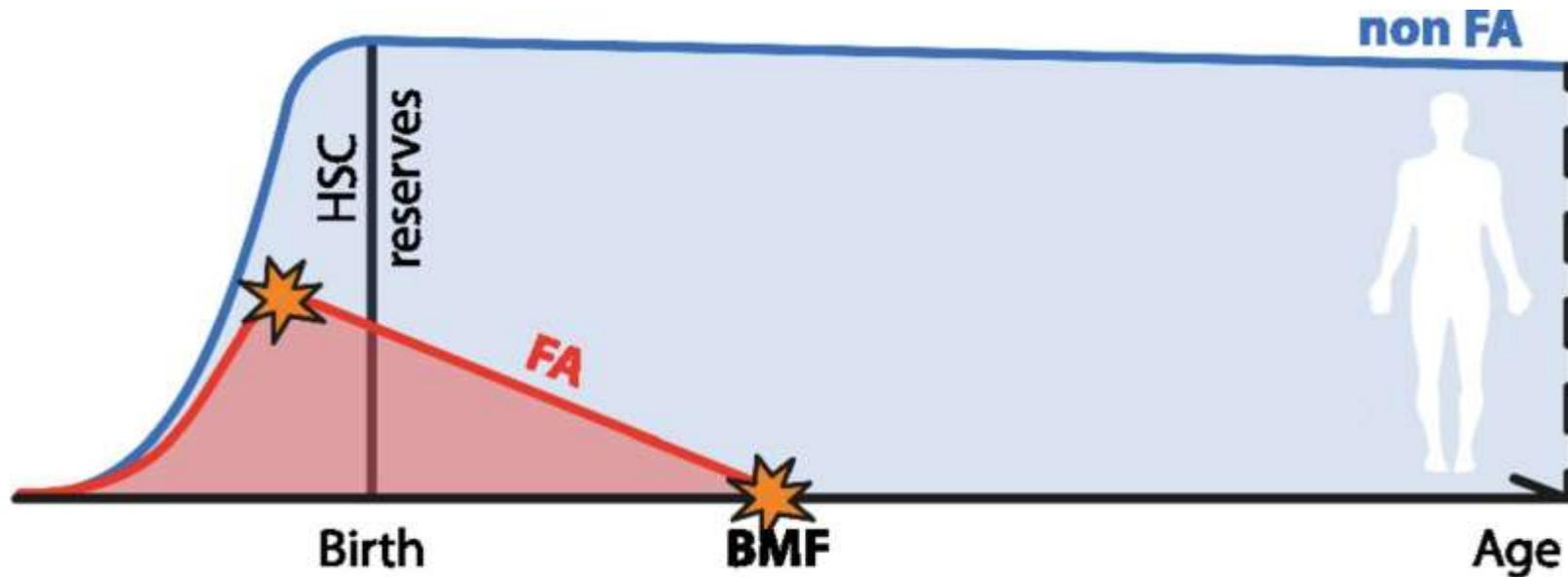
Delayed growth, G2 arrest

Joenje and Patel (2001)/Scharer (2005)

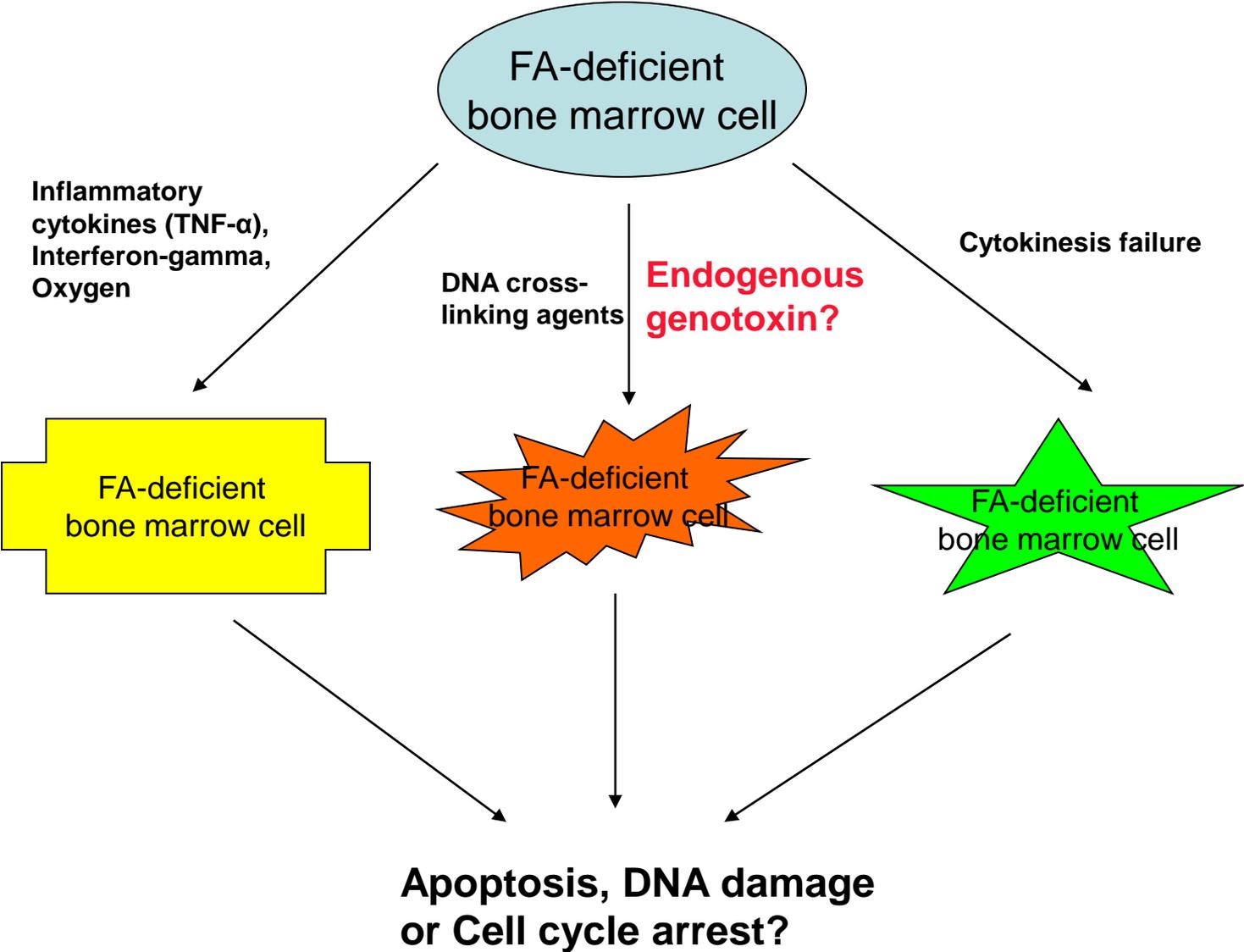
The Sixteen Fanconi Anemia Genes

Gene	FA patients, estimated (%)	Chromosome Location	Protein product, Kd
A	60%	16q24.3	163
B	2%	Xp22.31	95
C	10%	9q22.3	63
D1/BRCA2	4%	13q12.3	380
D2	4%	3p25.3	155
E	10%	6p21-22	60
F	rare	11p15	42
G	10%	9p13	68
I	rare	15q26	150
J/BRIP1	rare	17q23.2	130
L	rare	2p16.1	52
M	rare	14q21.2	250
N/PALB2	rare	16p12	130
O/RAD51C	rare	17q25.1	42
P/SLX4	rare	16p13.3	200
Q/XP-F	rare	16p13.12	104

Progressive loss of blood stem cells leads to the bone marrow failure in FA patients early in life



CAUSES of bone marrow failure in FA patients

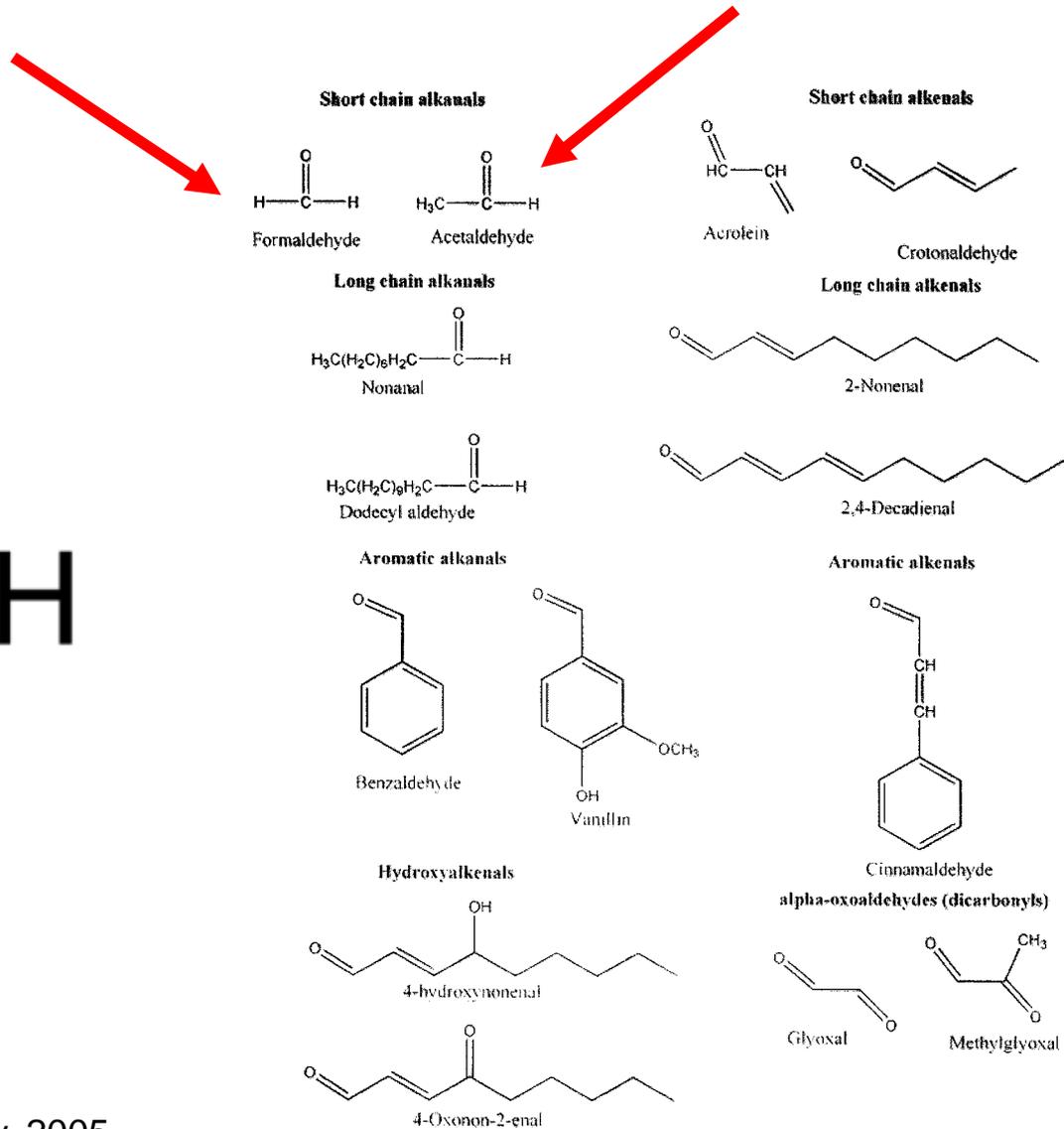
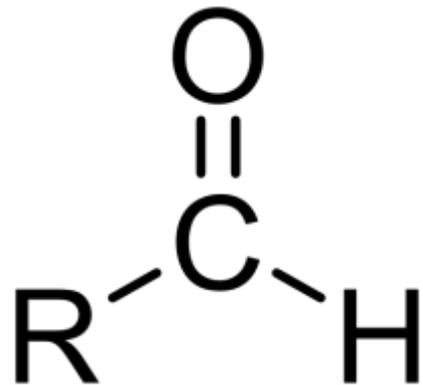


A big puzzle in the FA research

Mitomycin C and Cisplatin are NOT the DNA-damaging agents in vivo in FA.

-Which endogenous genotoxins are a threat to Fanconi anemia?

Aldehydes are organic compounds



Aldehydes:

- Reactive chemicals that can injure cells
- Can interact with (and crosslink) DNA molecules
- Some aldehydes (like formaldehyde) are endogenous and are formed within the body during normal metabolism
- Some are exogenous (say, from alcoholic beverages)
- Aldehydes are broken down by a family of enzymes (including ALDH2 and ALDH3)

Exogenous Sources of Aldehydes

Environmental:

- Air through phytochemical degradation, automobiles
- cooking fumes
- cigarette smoke
- hospitals, laboratories
- cosmetics, perfumes, hair saloon
- raw materials in factories

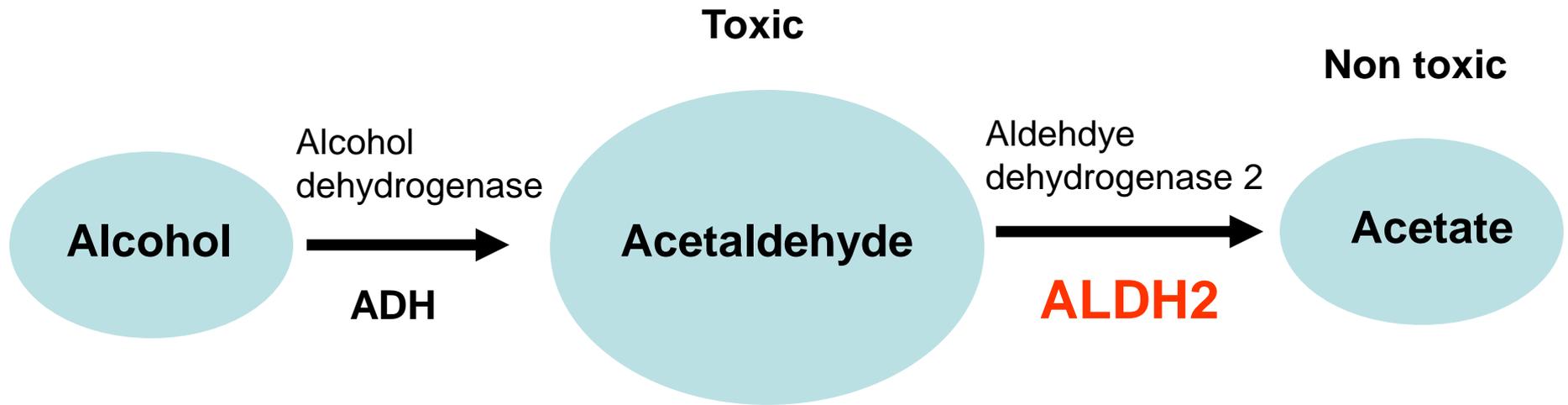
Dietary:

- ripe fruits and vegetables, coffee, soy-sauce
- alcoholic beverages

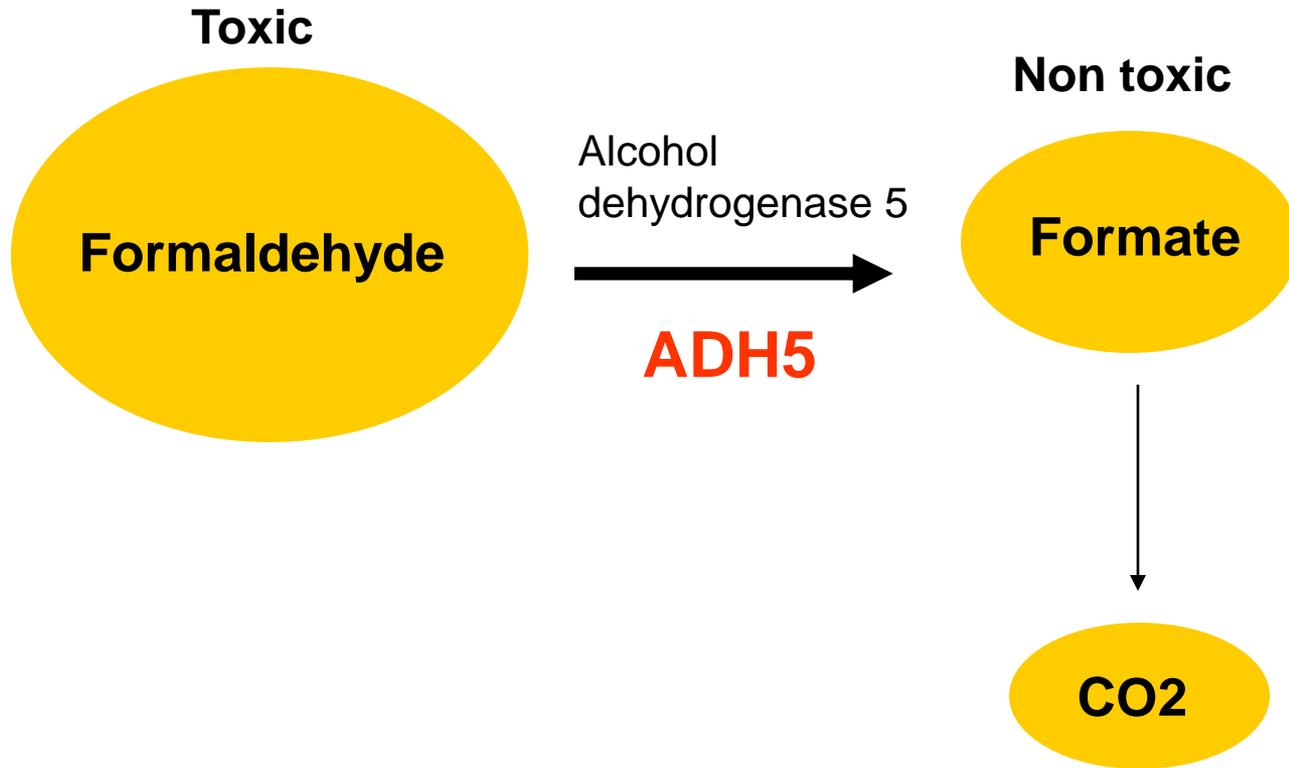
Endogenous Sources of Aldehydes

- Some are produced in our body during normal metabolism (e.g. Formaldehyde, Acetaldehyde, 4-hydroxynonenal (4-HNE) and malondialdehyde (MDA) etc.).
- Acetaldehyde is formed in the body from the breakdown of ethanol—a source of acetaldehyde among those who consume alcoholic beverages
- Formaldehyde is produced close to DNA as a byproduct of histone demethylation

Acetaldehyde metabolism in our body



Formaldehyde metabolism in our body



Acetaldehyde and Formaldehyde

- Highly reactive aldehydes, form DNA adducts *in vitro* and *in vivo*, carcinogens
- Potential genotoxins (endogenous DNA/protein cross-linking agents) responsible for the Fanconi anemia phenotypes.
- Mouse models with the genetic deficiency of enzymes required for aldehyde metabolism (e.g. **Aldh2**, **Adh5**) have been used.

(work from Dr. KJ Patel's laboratory, UK)



Acetaldehyde is toxic for FA

-FA pathway deficient chicken B cells and mouse bone marrow cells are hypersensitive to Acetaldehyde *in vitro*.

-**ALDH2**, an Acetaldehyde detoxifying enzyme is of critical importance in individuals with FA

- A mouse model with defect in ALDH2 and FA gene:
 - has spontaneous bone marrow failure
 - has severely reduced blood stem cells
 - develops leukemia
 - has developmental abnormalities
 - is highly susceptible to alcohol toxicity

Formaldehyde is highly toxic for FA

-FA pathway deficient human and chicken B cells are hypersensitive to Formaldehyde *in vitro*.

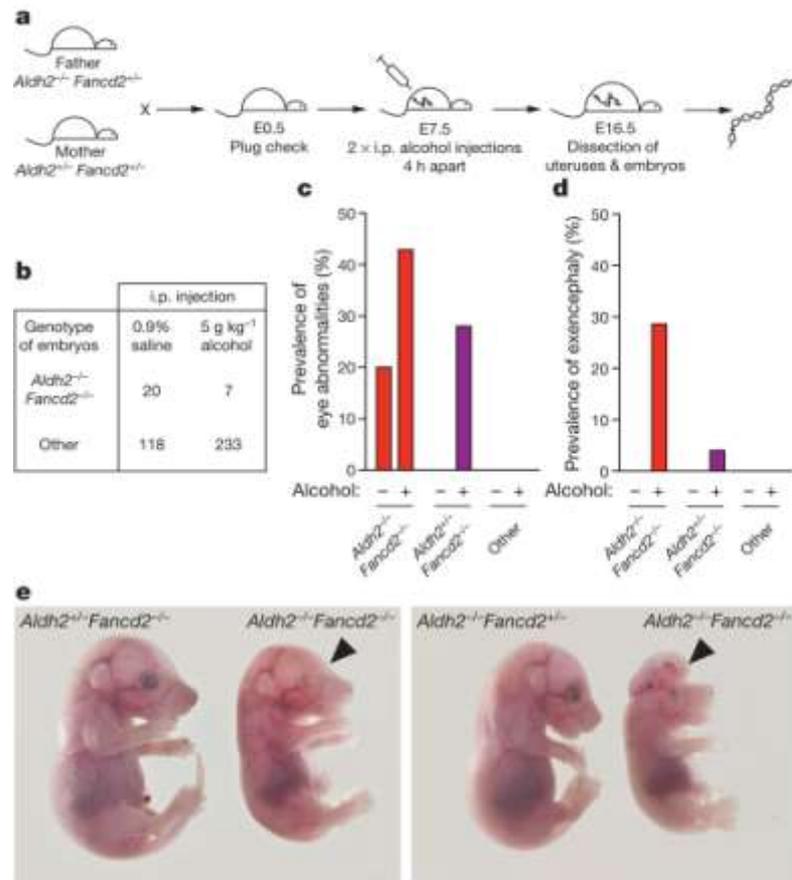
-**ADH5**, a Formaldehyde detoxifying enzyme is also of critical importance in individuals with FA

-FA pathway deficient chicken B cells die if ADH5 gene is deleted.

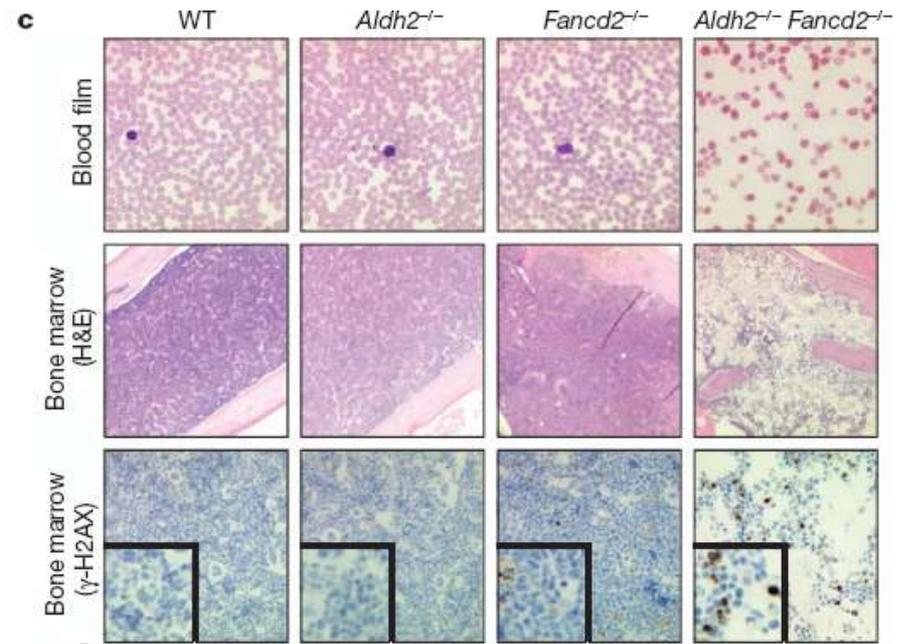
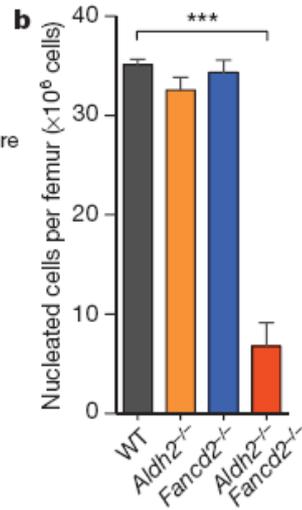
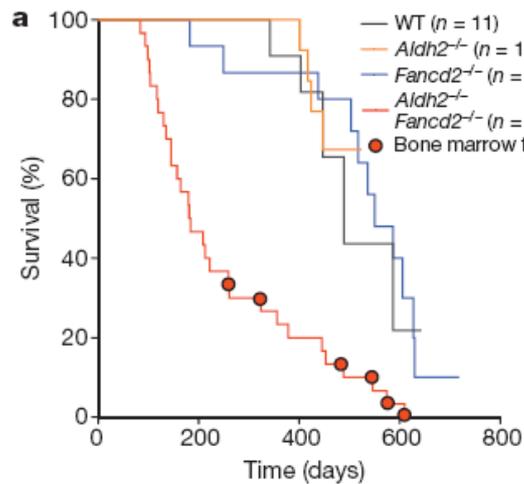
-A mouse model with defect in ADH5 and FA gene:

- succumbs to death few weeks after birth
- has severe spontaneous bone marrow failure
- has severely reduced blood stem cells
- develops leukemia
- has liver and kidney failure

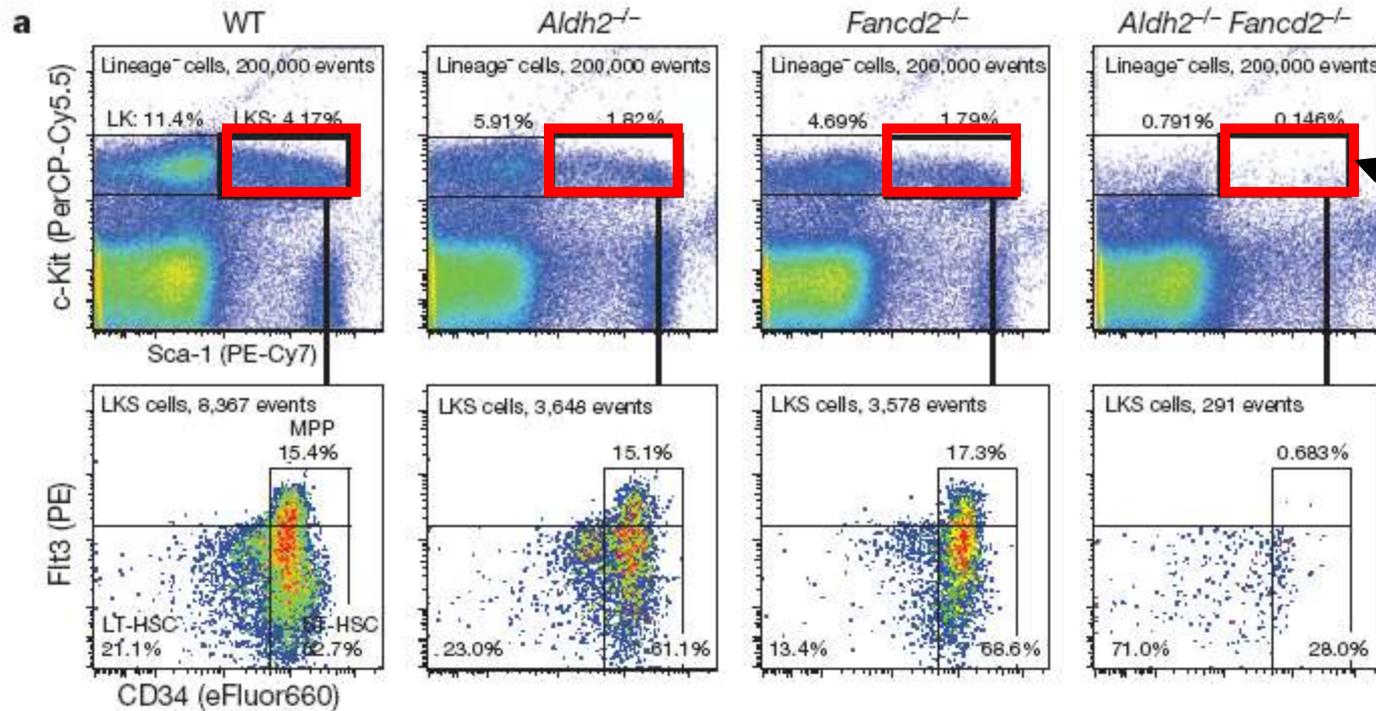
Maternal alcohol exposure aborts the development of *Aldh2*^{-/-}*Fancd2*^{-/-} embryos



Aged *Aldh2*^{-/-}*Fancd2*^{-/-} mice succumb to bone marrow failure



Young *Aldh2*^{-/-}*Fancd2*^{-/-} mice have severely low amount of the blood forming stem cells



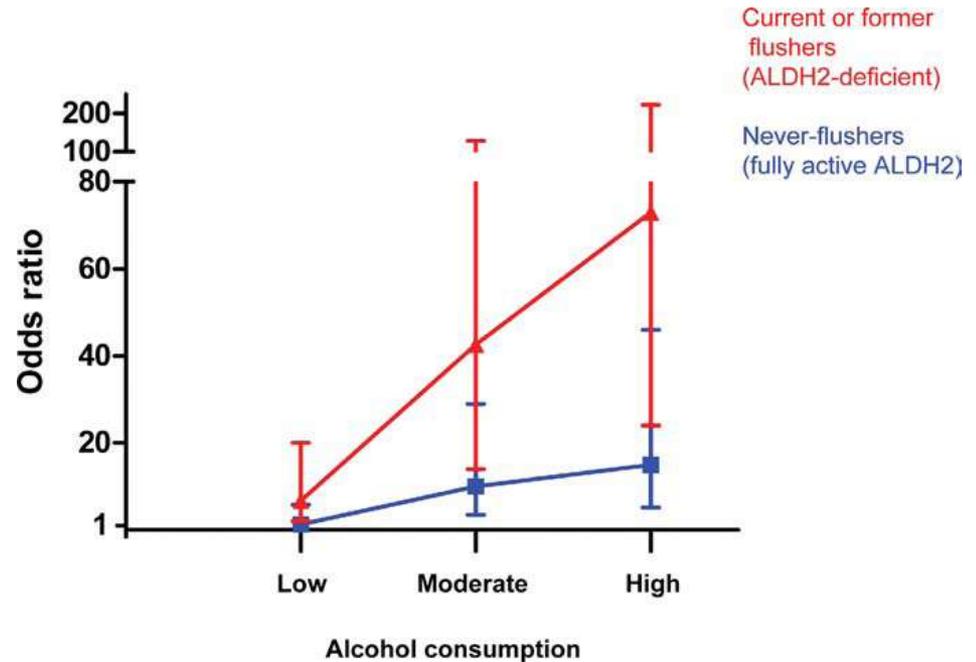
Natural ALDH2 gene mutation

- ALDH2 is mutated in approximately 1 billion people, most common in Southeast Asia
- The mutant gene (E487K) causes a significant decrease in ALDH2 activity.
- Asian flushing syndrome

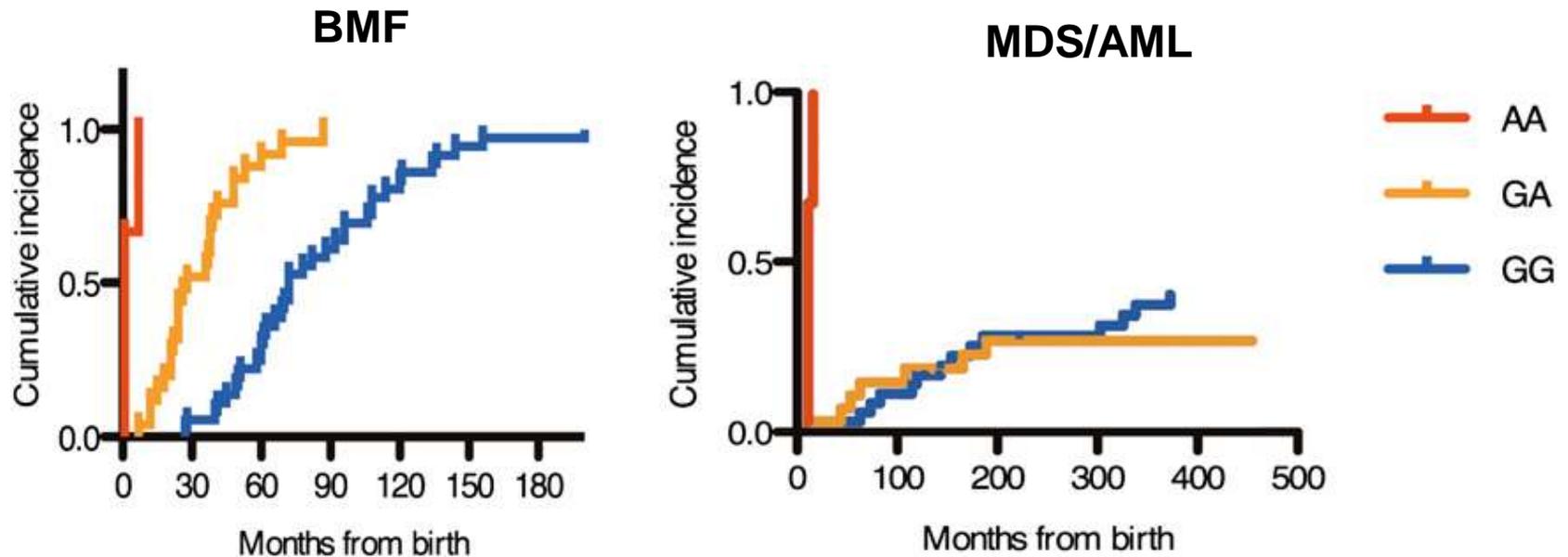
Genetic mutation in ADLH2 gene increases the risk of squamous cell carcinoma in Japanese population



Asian Flushing Syndrome



Mutant ALDH2 is associated with accelerated bone marrow failure in Japanese FA patients

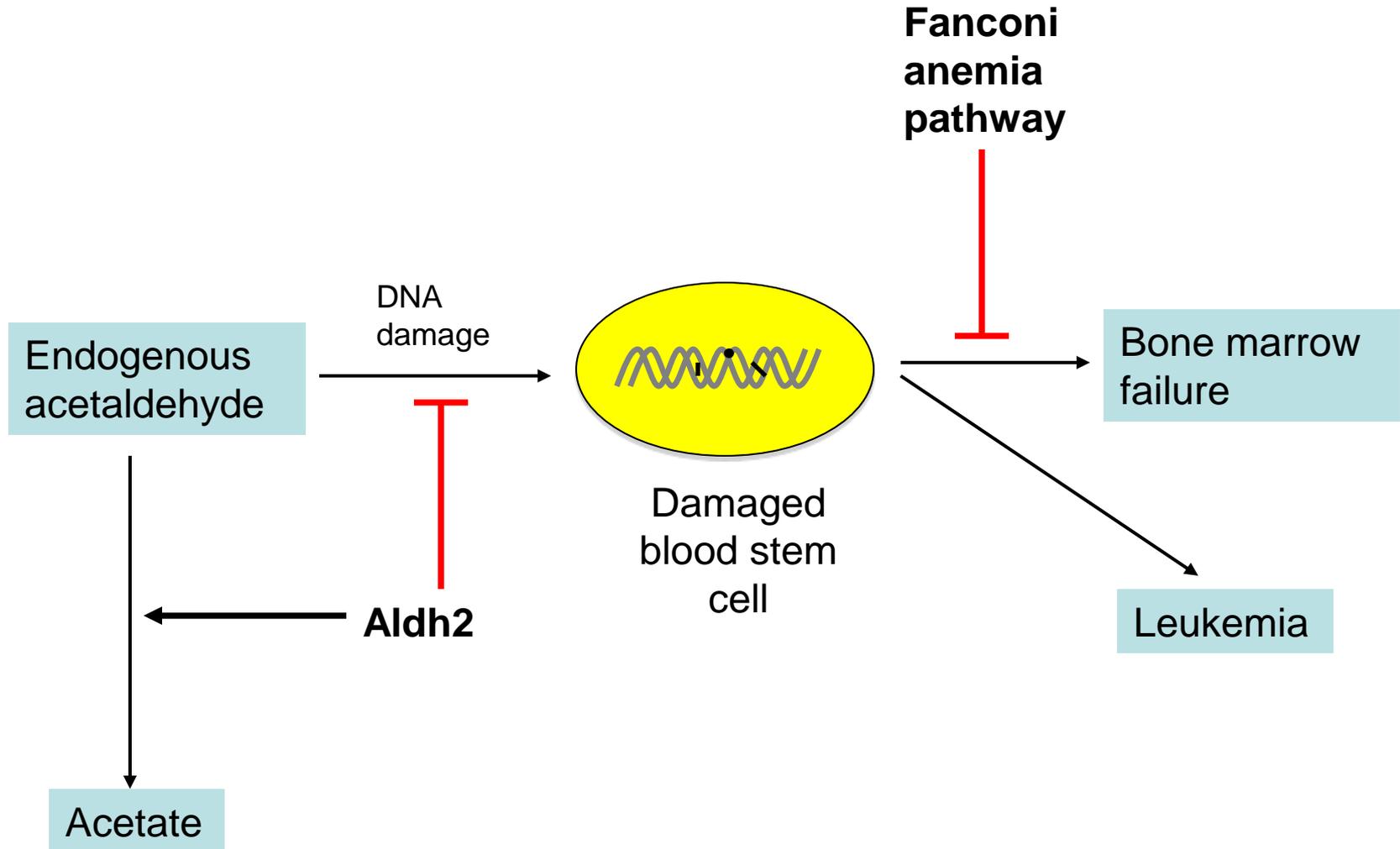


Total 64 patients:

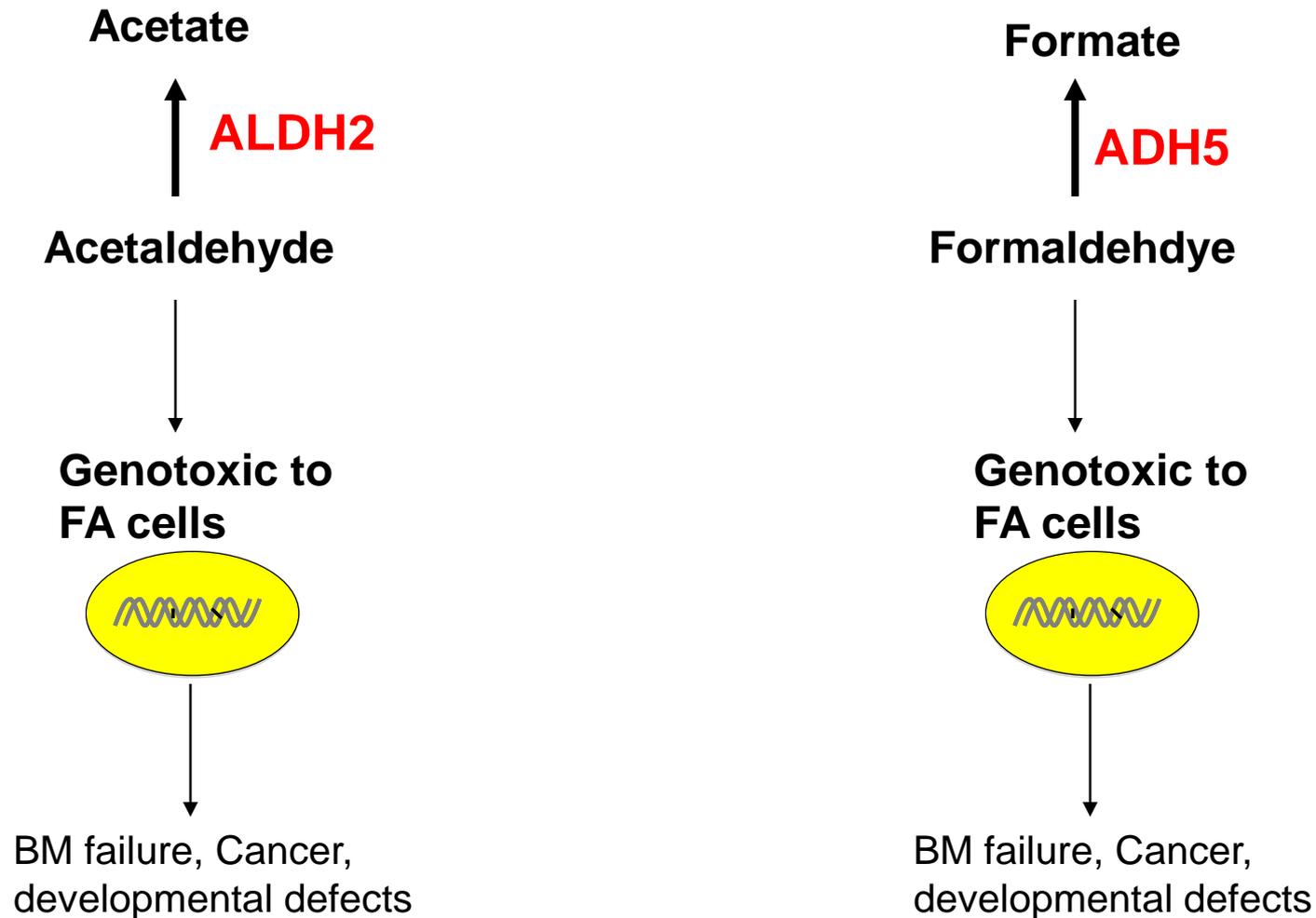
n=3 for AA, n=25 for GA, n=36 for GG

Hira A et al. Blood 2013

Acetaldehyde poses a threat to blood stem cells when both ALDH2 and FA pathway are absent



Increase patient's capacity to detoxify Aldehydes: FA therapy?



Implications/Recommendations:

- FA patients should limit alcohol consumption
- Alcohol and aldehydes can cross the placenta (i.e., a pregnant mother carrying an FA fetus should limit alcohol consumption)

Implications/Recommendations:

-We should:

1) develop drugs to stimulate ALDH2 activity

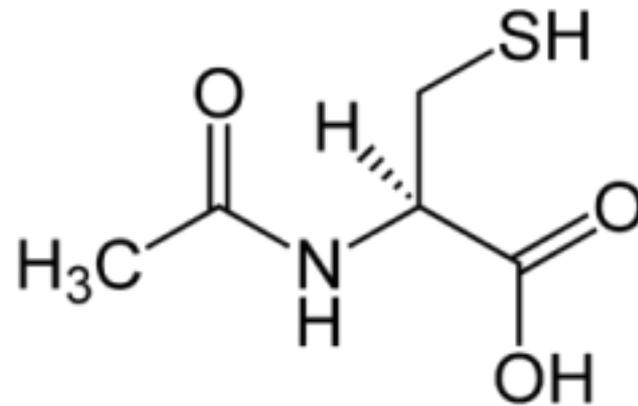
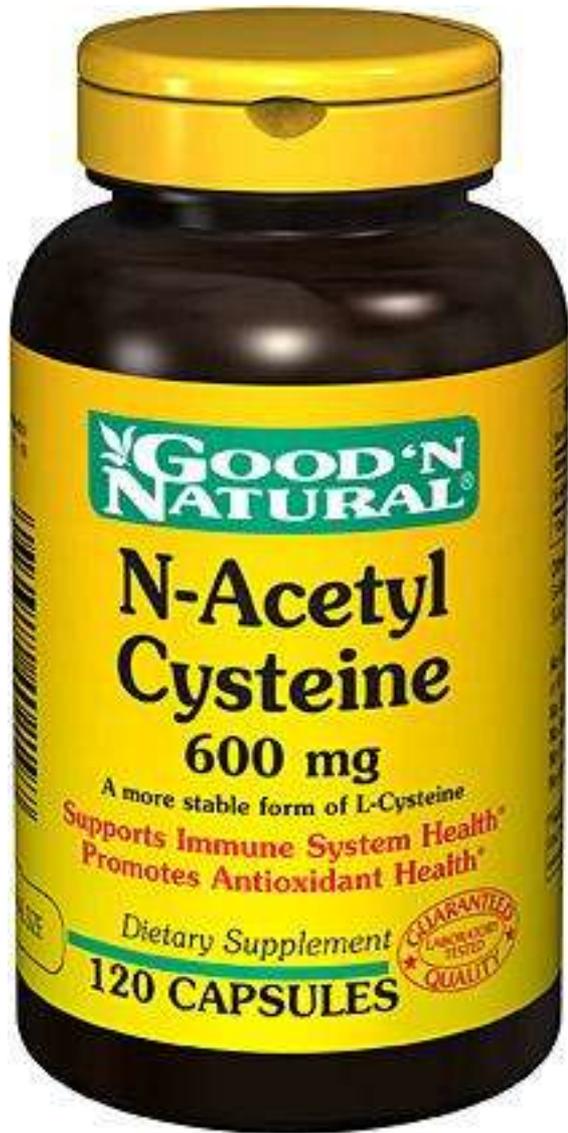
2) develop drugs to detoxify (sponge up) aldehydes from blood

-Early evidence suggests that low ALDH2/ALDH3 levels may correlate with increased incidence of Squamous Cell Carcinoma of the head and neck.

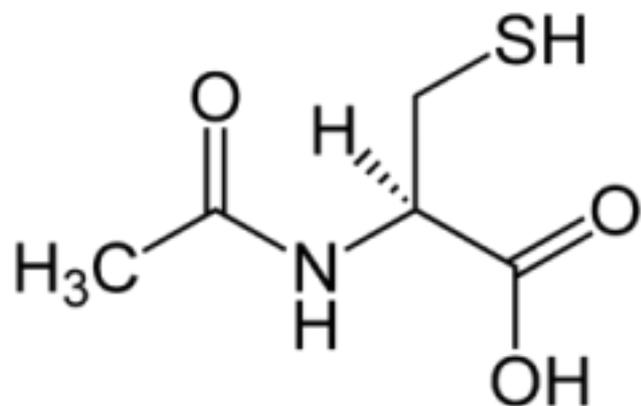
Future Studies:

- Why are only the blood stem cells specifically affected by loss of ALDH2 and FA gene?
- Why do some FA cell lines have more ALDH2 than others?
- Mice with ALDH2/FA deficiency or ADH5/FA deficiency have spontaneous bone marrow failure (helpful experimental models)
- Can we suppress aldehyde production? Or suppress its Accumulation? Dietary Effects?
- Are some aldehydes more toxic than others to FA patients?

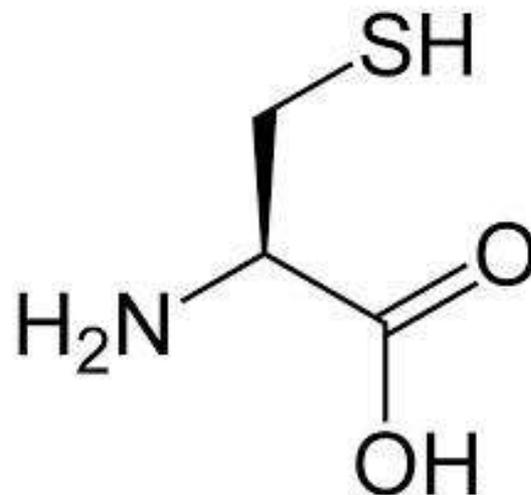
Possible treatments



Thiol "Sponges" for removing reactive aldehydes from the blood



N-Acetyl Cysteine (NAC)



Cysteamine

FDA approved

Therapeutic approaches to treat FA

- **Androgen, G-CSF**
- **Bone marrow transplant**

- **Tempol**
- **Resveratrol**
- **Anti-oxidants (NAC), anti-inflammatory agents**

- **Gene therapy?**

- **Anti-apoptotic compounds?**
- **DNA-PK inhibitor?**
- **CHK1 inhibitor? P53 inhibitor?**

A new drug candidate: Alda-1

- Alda-1 is a novel small molecule agonist of ALDH2 enzyme.
- Alda-1 stimulates the activity of ALDH2 enzyme and promotes the removal of aldehydes from blood in vivo.



Summary

- Aldehydes are highly toxic to the FA bone marrow and they may be responsible for the bone marrow failure and leukemia in FA.
- FA mouse models with deficiency in aldehyde metabolism exhibit many pathophysiological features of FA and are therefore useful for testing the therapeutic agents.
- Importance of monitoring aldehyde levels in the blood of FA patients
- Treatment options:
 - avoid dietary aldehydes
 - drugs which can "sponge" up aldehydes from the blood (e.g. NAC, Cysteamine)
 - drugs which can stimulate the enzymatic removal of aldehydes from the blood (e.g. ALDA1).