



# IN THIS *Together*

VIRTUAL FANCONI ANEMIA GRIEF SUPPORT GROUPS

## ABOUT FA GRIEF SUPPORT GROUPS

Join us as we share support and companionship with others who are learning to live with and process the pain of losing their loved one.

The Fanconi Anemia Research Fund is launching virtual, peer-led grief groups for those ages 18+ who have experienced the death of someone they love to Fanconi anemia.

We hope to offer three groups: a child loss group, partner or spouse loss group, and a more general group for those may not fall into the first two groups.

Our peer-led groups will occur every other week and provide a safe, non-judgmental, space where members can share their stories, resources, and connect with others who have walked in similar shoes. The goal of these groups is not to erase pain, but to companion one another inside of it, and to tend to it with kindness, compassion, honesty, and care.

Groups will be led by volunteers from the Fanconi anemia community who have completed a comprehensive grief and loss training. Groups will consist of a mix of open dialogue, education, and activity-based programming. There is no cost to join a group.

“The real work of grief is done in a place that doesn’t ask us to deny our grief, but instead honors the full breadth of grief, which is really the full breadth of love.”

– Megan Devine, Author of  
*It’s OK that You’re Not OK*

## GROUP DETAILS

This pilot program will run from January 2023 through June 2023. Groups will be held every other week for a total of 12 group sessions.

These are closed groups, meaning that the same cohort of individuals will be present at each group.

Given that these groups are virtual, group size will be limited.

At this time we are only able to offer groups to US residents only and those with proficiency in the English language.



Questions? Please contact Jordan Deines, FARF Family Services Director, at 541-687-4658 x 301 or [jordan@fanconi.org](mailto:jordan@fanconi.org).